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<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<td>1) CHICKEN BREAST W/ MUSHROOM GRAVY, BROWN RICE &amp; BARLEY PILAF, BRUSSELS SPROUTS, FRESH BANANA, ENTRÉE CHEF’S SALAD WITH TURKEY, HAM, EGG, TOMATO, CHEESE, RANCH DRESSING &amp; CRACKERS.</td>
<td>2) BEEF LASAGNA W/ MARINARA SAUCE, LIMA BEANS, CAULIFLOWER, JELLO W/ PINEAPPLE CHUNKS, TUNA SALAD SANDWICH W/ LETTUCE &amp; TOMATO, HOMEMADE POTATO SALAD.</td>
<td>3) OVEN BAKED CHICKEN LEG QUARTER WITH GRAVY, MASHED SWEET POTATOES, PEAS AND CARROTS, RICE PUDDING, TURKEY AND CHEESE SANDWICH WITH LETTUCE, TOMATO AND PICKLE, TRICOLOR SLAW.</td>
<td>4) ROAST BEEF W/ BROWN GRAVY, OVEN BROWNE POTATOES, LEMON PEPPER BROCCOLI, PINEAPPLE UPSIDE DOWN CAKE, CHINESE CHICKEN SALAD WITH MANDARIN ORANGES, CABBAGE, CARROTS, ONION, ASIAN DRESSING.</td>
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<td>7) ROAST TURKEY W/ SAGE GRAVY, CORNBREAD STUFFING, PEAS &amp; CARROTS, TROPICAL FRUIT CRU</td>
<td>8) BEEF STROGANOFF, SEASONED EGG NOODLES, GREEN BEANS, VANILLA PUDDING W/ COOKIE, ENTRÉE GREEK, OLIVE SALAD, TOMATO, OLIVES, CUCUMBER, FETA CHEESE, VINAIGRETTE DRESSING AND CRACKERS.</td>
<td>9) CHICKEN BREAST W/ MOLE SAUCE, SPANISH RICE, STEAMED CARROTS, CARROT CAKE, CHICKEN SALAD SANDWICH WITH LETTUCE AND TOMATO, CREAMY DILL CUCUMBER SALAD.</td>
<td>10) PORK CHOP W/ MUSHROOM GRAVY, AU GRATIN, POTATOES, MIXED VEGETABLES, CHOCOLATE CHIP CAKE, EGG SALAD SANDWICH WITH LETTUCE AND TOMATO, CUCUMBER, RED ONION AND DILL SALAD.</td>
<td>11) STUFFED BELL PEPPER, GARLIC &amp; CHIVE MASHED POTATOES, BROCCOLI, MANDARIN ORANGE &amp; JICAMA, ENTRÉE TACO SALAD W/ SHREDDED CHICKEN, DICED TOMATO, CORN, BLACK BEANS, CHEESE, CILANTRO, SALSA DRESSING, CRACKERS.</td>
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<td>14) TUNA CASSEROLE, BISCUIT, ZUCCHINNI &amp; TOMATOES, WATERMELON CHUNKS, ROAST BEEF, TURKEY &amp; CHEESE DELI SANDWICH W/ LETTUCE, TOMATO &amp; PICKLE, ORZO PASTA SALAD.</td>
<td>15) HERB PORK ROAST W/ MUSTARD SAUCE, OVEN BROWNED POTATOES, BROCCOLI, CHOCOLATE PUDDING, ENTRÉE TURKEY &amp; HAM COBB SALAD W/ EGG, TOMATO, BACON &amp; BLUE CHEESE DRESSING, CRACKERS.</td>
<td>16) HOMEMADE MEATLOAF WITH BROWN GRAVY, GARLIC &amp; CHIVE MASHED POTATOES, GREEN BEANS, AMBROSIA SALAD, EGG SALAD SANDWICH WITH LETTUCE &amp; TOMATO, GERMAN POTATO SALAD.</td>
<td>17) BBQ CHICKEN LEG QUARTER, MACARONI &amp; CHEESE, CALIFORNIA BLEND VEGETABLES, VANILLA &amp; CHOCOLATE SWIRL PUDDING, CHICKEN SALAD WRAP SANDWICH WITH LETTUCE AND TOMATO, TRICOLOR SLAW.</td>
<td>18) CHILE RELLENOCASSEROLE, SPANISH RICE, ZUCCHINI MEDLEY, FRESH ORANGE, ENTRÉE GREEK CHICKEN SALAD, TOMATO, OLIVES, CUCUMBER, FETA CHEESE, VINAIGRETTE DRESSING AND CRACKERS.</td>
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<td>21) TERIYAKI CHICKEN BREAST, BROWN RICE &amp; BARLEY PILAF, ORIENTAL VEGETABLES, TROPICAL FRUIT WITH YOGURT, HAM AND CHEESE DELI SANDWICH WITH LETTUCE, TOMATO, AND PICKLE, CREAMY COLE SLAW.</td>
<td>22) BEEF STEW W/ POTATOES, CARROTS, CELERY &amp; ONIONS, BISCUIT, MANGO CHUNKS W/ PEARS, CHINESE CHICKEN SALAD W/ MANDARIN ORANGES, CABBAGE, CARROTS, ONION, ASIAN DRESSING</td>
<td>23) BAKED PARMESAN FISH W/ TARTAR SAUCE, MASHED SWEET POTATOES, MIXED VEGETABLES, CHOCOLATE CHIP COOKIES, CHINESE CHICKEN SALAD WRAP SANDWICH W/ LETTUCE &amp; TOMATO, ITALIAN PASTA SALAD.</td>
<td>24) PEPPER STEAK, OVEN BROWNED POTATOES, BELL PEPPERS AND ONION, JELL- O W/ TROPICAL FRUIT, HAM AND CHEESE SANDWICH WITH LETTUCE, TOMATO &amp; PICKLE, HOMEMADE POTATO SALAD.</td>
<td>25) HAWAIIAN PINEAPPLE CHICKEN BREAST, RICE PILAF, PEAS &amp; CARROTS, COCONUT CAKE, ENTRÉE CHEF’S SALAD WITH TURKEY, HAM, EGG, TOMATO, CHEESE, RANCH DRESSING &amp; CRACKERS.</td>
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<td>28) TURKEY CHILI, OVEN BROWNED POTATOES, STEAMED PEPPER BROCCOLI, JELL-O W/ PINEAPPLE CHUNKS, HAM AND CHEESE DELI SANDWICH WITH LETTUCE, TOMATO AND PICKLE, BROCCOLI SLAW</td>
<td>29) BAKED CHILI RUBBED FISH W/ TARTAR SAUCE, RICE PILAF, ZUCCHINI &amp; TOMATOES, CARROT CAKE ENTRÉE GREEK CHICKEN SALAD, TOMATO, OLIVES, CUCUMBERS, FETA CHEESE, VINAIGRETTE DRESSING, &amp; CRACKERS.</td>
<td>30) SALISBURY STEAK W/ MUSHROOM GRAVY, GARLIC &amp; CHIVE MASHED POTATOES, SWEET CORN, RICE PUDDING, TUNA SALAD SANDWICH W/ LETTUCE &amp; TOMATO, HOMEMADE POTATO SALAD.</td>
<td>31) SPAGHETTI AND MEAT BALLS W/ WHOLE WHEAT NOODLES, GREEN BEANS, PEACHES W/ YOGURT, HAM, TURKEY &amp; CHEESE DELI SANDWICH W/ LETTUCE, TOMATO &amp; PICKLE, ORZO PASTA SALAD.</td>
<td>PLEASE CALL YOUR SITE MANAGER BEFORE 12 NOON TO CANCEL YOUR MEAL FOR THE NEXT WEEKDAY. (562) 439-5000</td>
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* MENU SUBJECT TO CHANGE * ALL MEALS INCLUDE 1% LOW FAT MILK * DIABETIC DESSERT OPTIONS AVAILABLE *